



School Counseling

- CIP code 131101 • 48 credits, 4 terms full-time
- Program approved by the Massachusetts Dept. of Elementary & Secondary Education for the preparation of school counselors (PreK-8 or 5-12).

Program Description — School Counseling is treated as professional counseling which enhances child and adolescent students’ access to high quality educational and vocational experiences and facilitates their ability to make good use of opportunities. The program emphasizes the role of the school counselor as a facilitator of educational reform, reducing barriers in the multicultural 21st century: a group worker skilled in developmental guidance, a practitioner helping students find their academic niche and aiding their academic achievement, a broker of educational and community resources, an interpreter of assessment tools, and a consultant to students, parents, and staff.

Learning Outcomes— Students develop their professional philosophy, principles and practices for their work with students and parents, teachers and administrators. They gain and apply knowledge of research in school counseling; the psychology of learning; curriculum frameworks and student testing; normal and abnormal intellectual, social, and emotional development; diagnosis and treatment of learning and behavior disorders. They learn strategies for prevention and treatment of substance abuse, physical and sexual abuse, the spectrum of mental illnesses, and violence in PreK-12 students. They gain resources and skills to effectively help students plan for post-secondary education and careers. They become familiar with relevant federal, state, and municipal laws and regulations; group counseling, leadership and consulting techniques; and school and community resources for referral.

Careers and Further Study — Licensed school counselors in public schools.

Courses should be taken in sequence. Please note: school-based field work is NOT available during the summer term. Term 1 courses must be completed before term 2 courses. A maximum of 4 courses can be taken each term.

Term 1

- CCP 622 Ethics & Professional Issues for School Counselors & Mental Health Practitioners
- CCP 540 Personality & Counseling Theory
- CCP 550 Rogerian Person-Centered Therapy: Basic Counseling Skills (includes assessment of readiness for field experience)
- CCP 630 Human Development Across the Lifespan

Term 2

- CCP 615 Psychopathology
- CCP 518 Research Design & Evaluation
- CCP 639 Career Development
- CCP 650 Group Dynamics/Group Counseling & Human Systems

School Counseling Internship Prerequisites

- *School Counseling Internship approval form signed* by program chair.
- Pass all teacher tests required by the state for this license. Massachusetts: Communication & Literacy Test (MTEL)
- Complete and pass all term 1 & 2 courses.

Term 3

- CCP 672 Counseling Adolescents Transitioning to Adulthood (for 5-12) **or** elective (for PreK-8)
- CCP 698 Pre-Practicum Readiness Seminar for School Adjustment and School Counseling (0 credits)
- CSG 792 School Counseling Internship Fieldwork & Seminar I **Fall only**
for **PreK-8:** register for CSG 792E
for **5-12:** register for CSG 792S
- CCP 638 Group Work with Children & Adolescents
- CSG 695 Counseling & Consulting Techniques Lab

Term 4

- CSG 616 Counseling in the Schools
- CCP 636 Psychological Testing
- CCP 754 Perspectives in Cross-Cultural Counseling
- CSG 793 School Counseling Internship Fieldwork & Seminar II **Spring only**
for **PreK-8:** register for CSG 793E
for **5-12:** register for CSG 793S

Suggested electives:

- CCP 561 Counseling Techniques with Multi-Problem Families in Changing Communities
- CCP 715 Multicultural Counseling: Children, Adolescents in Context
- CCP 729 Trauma Intervention in Schools
- CCP 640 Addiction Disorders
- CCP 606 Family Treatment of Substance Abuse
- CCP 637 Neurobiology: Basics & Beyond



(All courses @ 3 credits.)



Continued

School Counseling

Admission requirements: Bachelor's degree and other School of Psychology & Counseling requirements.

Required to enter program for licensure:

- Massachusetts Educator Personnel ID (MEPID) number
- Pass Massachusetts Communication & Literacy Test (MTEL).
- 3.0 GPA at entry; maintained throughout program.

In the term *PRIOR* to enrolling in the School Counseling field experience students are responsible for:

- Discussing options for internship with the program chair or regional site director. All school counseling field experience sites *must* be within the state of Massachusetts.
- Submitting School Counseling Field Experience Approval form to program chair or designee, with copy of MTEL passing score.
- Successful completion of CCP 698 Pre-Practicum Readiness Seminar. This zero credit, pass/fail course taken the summer prior to beginning field experience will fulfill DESE compliance standards.

School Counseling Internship Fieldwork & Seminar: CSG 792-793

Fieldwork is guided and evaluated in the classroom by a school counselor licensed in Massachusetts, who meets all state standards; and by a licensed Cambridge College site visiting supervisor. See program handbook.

- 2 sequential terms @ 225 hours, plus 75 hours of pre-practicum for 525 hours total in one school setting.
- Internship locations are subject to state regulations and must be approved by the program chair.
- Completed Exit Portfolio required for program completion and endorsement.

Non-licensure option: All program components are required except the Communication & Literacy Test (MTEL). Non-licensure students must complete the pre-practicum and internship.

Students who graduate from the non-licensure program will not be endorsed by Cambridge College for initial licensure as a school counselor to the Dept. of Elementary and Secondary Education.

Program sequence may be modified to suit the needs of the cohort.

Program and schedule subject to change.

Program chair: Brian Sasso, M.A., LMHC
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