



CAGS in Mental Health Counseling

36 credits • 3-4 terms full time

Core program — LMHC

The CAGS in Mental Health Counseling is an advanced, post-master's certificate program. Students will increase their expertise, add a new credential and area of competency, or upgrade their credentials in order to meet requirements for licensure.

A Flexible, Individualized Program — Each student meets with an advisor to plan an individualized academic program and establish a learning contract. Students meet periodically with their advisor to review educational and career goals. Course choices must be considered carefully in consultation with the program chair.

Academic Requirements

Required course work	6
CCA825 Counseling Leadership Seminar	
CCA830 Advanced Counseling Practice	
Internship	6
CCA820 Counseling Internship Seminar	
CCA821 Advanced Internship Seminar	
(If a third term is necessary to complete field experience hours, CCA823 Counseling Internship Seminar III may be taken as an elective.)	
CAGS electives and concentrations	24
CAGS-level courses must be chosen with approval of faculty advisor/professional seminar leader. Select no more than 4 courses each term for a maximum course load of 12 credits (all courses @ 3 credits).	
To meet licensure requirements, please refer to M.Ed. program charts and take CAGS-level courses with the same titles. If you have taken the courses at master's level, repetition is not necessary.	
Total	36

Internship
Includes field experience under a qualified supervisor, conforming to Massachusetts regulations 262 CMR. See program handbook. May be individually designed to support licensure requirements. See also M.Ed. program charts.
Addictions option: Must include 300 hours in an approved substance abuse treatment program with appropriate supervision in the 12 core functions.
Trauma option: Must include documented counseling experience related to trauma.

Concentration Options

Students may choose one or two concentrations, and CAGS electives. The program of study may not exceed 36 credits.

Addiction Counseling — Professional training in substance abuse/addiction treatment, education and prevention, leading to certification or licensure.

- CCA768 Addiction Disorders
- CCA756 Substance Abuse in the Family
- CCA720 Psychopharmacology in Addictions & Mental Health Counseling

Trauma Studies — Professional training in crisis intervention and trauma treatment, education, prevention, and trauma-informed care.

- CCA724 Post Traumatic Stress Reactions
- CCA727 Clinical Interventions for Combat Stress & Trauma Fall
- or** CCA729 Trauma Intervention in School Settings Spring
- CCA728 Trauma-specific Interventions

Geriatric Mental Health — Professional training in mental health for older adults. Graduates will be prepared for non-medical positions in human service agencies, hospitals, community mental health centers, and other similar facilities.

- CCA700 Biopsychosocial Dimensions of Aging Fall
- CCA734 Death and Dying Fall
- CCA714 Geriatric Counseling Spring

Cambridge College strives to cover the academic requirements for the following credentials, for which graduates may apply:

- LMHC licensure by the Mass. Board of Registration of Allied Mental Health Professionals. Candidates must also pass an exam and complete two years of post-master's supervised clinical practice.
- CADAC certification by MBSACC and LADC licensing by the Mass. Dept. of Public Health.

Regulations may change at any time. Cambridge College reserves the right to alter the program accordingly. Program chairs are available to advise students.

Students are responsible for monitoring and understanding state requirements and regulations, and for ensuring that their program of study complies with all requirements for licensure/certification.

Admission requirements: Master's degree in counseling or closely related field, interview with program coordinator, and other general requirements; see Admission.