



# Skills-Based Health/ Social Emotional Learning

- CIP code 131307 • For licensure: 36 credits, 4 terms full-time
- Non-licensure: 31 credits, 3 terms full-time
- Program approved by the Mass. Dept. of Elementary & Secondary Education (DESE) for Health/Family & Consumer Science (all levels) initial licensure

**Program Description** — The Skills-Based Health/Social Emotional Learning (SEL) initial licensure program prepares health educators to be proficient in the Massachusetts Professional Standards for Teachers, the National Health Education Standards, and the CAEP health education teacher education (HETE) standards. Program completers are career-ready, technologically savvy, exhibit intercultural competence and are equipped to advance social justice.

**Learning Outcomes** — Graduates demonstrate expertise in health education content, able to conduct a needs assessment, plan and implement curriculum, assess student learning, coordinate school health, advocate for health education, and serve as a resource to the school, students and their families, and the community.

They exhibit confidence in their ability to teach comprehensive skills-based health education as a component of coordinated school health; identify student risk factors and help young people reduce those behaviors to improve their personal health and academic performance. They utilize inclusive practices to create a safe and collaborative learning environment that fosters positive socio-emotional development. They set high expectations for all students; implement well-structured lessons, with measurable assessments of learning; and engage in ongoing reflection on practice. They advocate for health/SEL by conducting, implementing, and sharing the results of action research.

**Careers** — Graduates teach (preK-12) and work as health educators in many settings: local health departments, hospitals and clinics, business and industry. In colleges, they also teach courses and conduct research.

**SEI endorsement optional** — Students are not required to be endorsed in Sheltered English Immersion. Students interested in SEI endorsement should take SEI 605 (program total will be 39 credits).

**Non-licensure option:** All program components are required (including pre-practicum) *except* for SEI, Practicum Readiness course, Practicum, Practicum Seminar, and MTEL exams.

**Program and course schedule subject to change.**

**Program chair:** Mary Connolly, CAGS, CHES  
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## Courses ..... 31 credits

- EHE 695 Action Research I (2 credits) . . . . . Fall
- EHE 697 Action Research III (2 credits) . . . . . Fall
- EHE 613 Principles of Health/Social Emotional Promotion & Public Health Issues . . . . . Fall
- EHE 622 Implementing Curriculum in the Health/SEL Classroom Fall
- EHE 632 Teaching about Human Sexuality . . . . . Fall
- EHE 696 Action Research II (2 credits) . . . . . Spring
- EHE 698 Action Research IV (1 credit) . . . . . Spring
- EHE 642 Promoting Wellness: Building Positive Health/Social Emotional Behavior . . . . . Spring
- EHE 652 Preventing Unintentional Injury & Violence . . . . . Summer
- EHE 662 Promoting Mental/SEL Health Through School-Based Intervention. . . . . Spring
- EHE 672 Improving School Health/SEL Through Coordination . . . . . Summer
- EHE 682 Health-SEL Skills for Risk Reduction & Positive Behavior Change . . . . . Summer

## Practicum Prerequisites .....1 credit

- Pass all MTEs required by Massachusetts for this license: Communication & Literacy, and Health/Family & Consumer Sciences
- Completed course in anatomy and physiology.
- Pass all required courses.
- Pre-Practicum — Successfully complete program-specific hours in diverse settings (0 credit)
- EDU 704 Practicum Readiness (1 credit)
- Submit Practicum Application and Placement Approval Forms.

## Practicum & Seminar (licensure students only).....4 credits

**HEA 794 Practicum** – 300 hrs: 150 hrs in an elementary school setting & 150 hrs in a secondary setting (2 credits)  
 Guided and evaluated by a licensed/certified educator in the classroom and a Cambridge College supervisor. Practicum locations are subject to DESE regulations and must be discussed with the program chair and approved by the pre-practicum/practicum coordinator.

**HEA 791 Practicum Seminar** (2 credits)  
 Electronic exit portfolio (Taskstream) required for credit.

(All courses @ 3 credits except as noted.)